

2005 Nordic Spirit Ski Race Overall Results

Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
1	13	Skate	M	25-34	214	Joshua	Tesch	27	Superior	WI	0:37:58
2	13	Skate	M	25-34	250	Bruce	Bauer	35	Duluth	MN	0:38:16
3	13	Skate	M	35-44	246	Rhett	Bonner	41	Duluth	MN	0:39:59
4	13	Skate	M	25-34	217	Grant	Nelson	29	Duluth	MN	0:40:03
5	13	Skate	M	35-44	225	Rod	Raymond	39	Duluth	MN	0:40:53
6	13	Skate	M	25-34	215	Scott	Chapin	34	Hayward	WI	0:41:13
7	13	Skate	M	25-34	208	Chip	Tabor	33	Shoreviw	MN	0:41:41
8	13	Skate	M	25-34	229	Zach	Beresford	25	Duluth	MN	0:41:48
9	13	Skate	M	35-44	206	Luke	Skinner	41	Bloomington	MN	0:44:55
10	13	Skate	M	25-34	227	Joe	McGaver	34	Duluth	MN	0:45:19
11	13	Skate	M	<24	244	David	Anderson	20	Maple Grove	MN	0:45:28
12	13	Skate	M	35-44	255	Greg	Williams	43	Thomson	MN	0:45:44
13	13	Skate	M	35-44	210	John	Jereczek	41	Duluth	MN	0:46:28
14	13	Skate	M	<24	256	Bill	Hall	18	Duluth	MN	0:46:33
15	13	Skate	M	25-34	232	Cordell	Manz	34	Bennett	WI	0:47:11
16	13	Skate	M	45-54	220	Mark	Wilhelmson	52	Duluth	MN	0:47:33
17	13	Skate	M	<24	239	Clayton	Keim	21	Sauk Rapids	MN	0:49:20
18	13	Skate	M	35-44	252	David	Hagen	43	Duluth	MN	0:51:16
19	13	Skate	M	45-54	251	Dean	Grace	52	Duluth	MN	0:51:16
20	13	Skate	M	45-54	226	Bob	Beresford	54	Duluth	MN	0:53:00
21	13	Skate	M	25-34	240	Jay	Monson	33	Duluth	MN	0:55:47
22	13	Skate	M	<24	202	Andy	Jackson	16	Hermantown	MN	0:56:24
23	13	Skate	M	55+	233	Avid	Brekke	61	Esko	MN	1:00:08
24	13	Skate	M	45-54	218	Steve	Hagedorn	46	Duluth	MN	1:00:10
25	13	Skate	M	25-34	249	Chris	Carlson	35	Duluth	MN	1:01:10
26	13	Skate	M	35-44	241	Joe	Morehouse	40	Duluth	MN	1:03:09
27	13	Skate	M	55+	216	Chris	Vizanko	60	Duluth	MN	1:09:20
Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
1	13	Skate	F	25-34	203	Sara	Kylander-Johnson	32	Duluth	MN	0:44:51
2	13	Skate	F	25-34	245	Dawn	Youngren	26	Duluth	MN	0:48:26
3	13	Skate	F	25-34	213	Kate	Thompson	25	Superior	WI	0:50:04
4	13	Skate	F	35-44	204	Liz	Holliday	42	Duluth	MN	0:50:05
5	13	Skate	F	35-44	257	Molly	Weyrens	36	Duluth	MN	0:52:48
6	13	Skate	F	35-44	222	Anne	Flueckiger	35	Duluth	MN	1:00:00
7	13	Skate	F	25-34	243	Heidi	Hebert	25	Duluth	MN	1:03:02
8	13	Skate	F	25-34	234	Kathy	Johnson	30	Proctor	MN	1:05:22
Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
1	13	Classic	M	25-34	201	Brian	May	33	Duluth	MN	0:46:42
2	13	Classic	M	35-44	207	Joe	Ostazeski	37	Duluth	MN	0:55:02
3	13	Classic	M	25-34	253	Mike	Weispenning	26	Duluth	MN	0:55:53
4	13	Classic	M	45-54	219	Scott	Thompson	54	Minocqua	WI	0:56:01
5	13	Classic	M	35-44	236	Jim	Lane	38	Superior	WI	0:56:02

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Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
6	13	Classic	M	35-44	230	Scott	Nelson	37	Hermantown	MN	0:57:42
7	13	Classic	M	25-34	247	Peder	Morse	31	Duluth	MN	0:58:12
8	13	Classic	M	35-44	224	John	Bankson	41	Duluth	MN	0:58:54
9	13	Classic	M	25-34	205	Brock	Lundberg	29	Roberts	WI	1:01:09
10	13	Classic	M	45-54	237	Chris	Hegg	52	Grand Marais	MN	1:02:18
11	13	Classic	M	45-54	211	Glen	Sorenson	52	Duluth	MN	1:03:42
12	13	Classic	M	45-54	223	John	Zabinski	45	Duluth	MN	1:05:05
13	13	Classic	M	35-44	242	Tom	Maloney	35	Duluth	MN	1:06:35
14	13	Classic	M	35-44	235	Bryan	French	35	Duluth	MN	1:08:26
15	13	Classic	M	45-54	200	Daniel	Koschak	47	Aurora	MN	1:09:45
16	13	Classic	M	<24	248	Timur	Kudaibergenov	17	Duluth	MN	2:01:45
Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
1	13	Classic	F	25-34	221	Jena	Ogston	33	Duluth	MN	0:58:38
2	13	Classic	F	45-54	228	Robin	Downs	51	Duluth	MN	1:07:22
3	13	Classic	F	45-54	238	Anne	Redshaw	53	Grand Marais	MN	1:28:43
4	13	Classic	F	25-34	306	Brandy	Forsman	30	Duluth	MN	1:29:49
Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
1	6	Skate	F	45-54	308	Cheryl	Hallamek	48	Wrenshall	MN	0:37:20
2	6	Skate	F	35-44	309	Beckett	Harrison	41	Duluth	MN	0:40:19
DNF	6	Skate	F	<24	302	Saffron	Straub	10	Grand Marais	MN	DNF
Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
1	6	Classic	M	55+	304	Irv	Johnson	66	Duluth	MN	0:45:51
2	6	Classic	M	55+	300	Indy	Valters	56	Circle Pines	MN	0:53:20
Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
1	6	Classic	F	<24	301	Shannon	Ostazeski	23	Duluth	MN	0:42:15
2	6	Classic	F	35-44	305	Karen	Lushine	35	Duluth	MN	0:45:40
DNF	6	Classic	F	45-54	303	Harriet	Mallon	50	Two Harbors	MN	DNF
Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
1	1	Kids	F	Kid's	381	Chelsey	Youngberg	11	Duluth	MN	1
2	1	Kids	F	Kid's	377	Annie	Harvieux	5	Duluth	MN	2
3	1	Kids	M	Kid's	376	Henry	French	10	Duluth	MN	3
	1	Kids	M	Kid's	378	Nate	Bich	6	Duluth	MN	
	1	Kids	M	Kid's	379	Connor	Bich	4	Duluth	MN	
	1	Kids	F	Kid's	375	Eleanor	French	6	Duluth	MN	
	1	Kids	F	Kid's	380	Rachel	May	5	Duluth	MN	
	1	Kids	F	Kid's	382	Emma	Stattelman	2	Duluth	MN	
	1	Kids	F	Kid's	383	Becca	Bonner	4	Duluth	MN	
	1	Kids	F	Kid's	400	Zoe	Harvieux	7	Duluth	MN	
	1	Kids	F	Kid's	401	Rachel	Bonner	8	Duluth	MN	

2005 Nordic Spirit Ski Race Age Class Results

Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
1	13	Skate	M	<24	244	David	Anderson	20	Maple Grove	MN	0:45:28
2	13	Skate	M	<24	256	Bill	Hall	18	Duluth	MN	0:46:33
3	13	Skate	M	<24	239	Clayton	Keim	21	Sauk Rapids	MN	0:49:20
4	13	Skate	M	<24	202	Andy	Jackson	16	Hermantown	MN	0:56:24
Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
1	13	Skate	M	25-34	214	Joshua	Tesch	27	Superior	WI	0:37:58
2	13	Skate	M	25-34	250	Bruce	Bauer	35	Duluth	MN	0:38:16
3	13	Skate	M	25-34	217	Grant	Nelson	29	Duluth	MN	0:40:03
4	13	Skate	M	25-34	215	Scott	Chapin	34	Hayward	WI	0:41:13
5	13	Skate	M	25-34	208	Chip	Tabor	33	Shoreview	MN	0:41:41
6	13	Skate	M	25-34	229	Zach	Beresford	25	Duluth	MN	0:41:48
7	13	Skate	M	25-34	227	Joe	McGaver	34	Duluth	MN	0:45:19
8	13	Skate	M	25-34	232	Cordell	Manz	34	Bennett	WI	0:47:11
9	13	Skate	M	25-34	240	Jay	Monson	33	Duluth	MN	0:55:47
10	13	Skate	M	25-34	249	Chris	Carlson	35	Duluth	MN	1:01:10
Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
1	13	Skate	M	35-44	246	Rhett	Bonner	41	Duluth	MN	0:39:59
2	13	Skate	M	35-44	225	Rod	Raymond	39	Duluth	MN	0:40:53
3	13	Skate	M	35-44	206	Luke	Skinner	41	Bloomington	MN	0:44:55
4	13	Skate	M	35-44	255	Greg	Williams	43	Thomson	MN	0:45:44
5	13	Skate	M	35-44	210	John	Jereczek	41	Duluth	MN	0:46:28
6	13	Skate	M	35-44	252	David	Hagen	43	Duluth	MN	0:51:16
7	13	Skate	M	35-44	241	Joe	Morehouse	40	Duluth	MN	1:03:09
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2	13	Skate	M	45-54	251	Dean	Grace	52	Duluth	MN	0:51:16
3	13	Skate	M	45-54	226	Bob	Beresford	54	Duluth	MN	0:53:00
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5	13	Classic	M	35-44	242	Tom	Maloney	35	Duluth	MN	1:06:35
6	13	Classic	M	35-44	235	Bryan	French	35	Duluth	MN	1:08:26
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1	13	Classic	M	45-54	219	Scott	Thompson	54	Minocqua	WI	0:56:01
2	13	Classic	M	45-54	237	Chris	Hegg	52	Grand Marais	MN	1:02:18
3	13	Classic	M	45-54	211	Glen	Sorenson	52	Duluth	MN	1:03:42
4	13	Classic	M	45-54	223	John	Zabinski	45	Duluth	MN	1:05:05
5	13	Classic	M	45-54	200	Daniel	Koschak	47	Aurora	MN	1:09:45
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2	13	Classic	F	45-54	238	Anne	Redshaw	53	Grand Marais	MN	1:28:43
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Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
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Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
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2	6	Classic	M	55+	300	Indy	Valters	56	Circle Pines	MN	0:53:20
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Place	Distance (K)	Form	Sex	Age Group	Bib Number	First Name	Last Name	Age	City	State	Time
1	6	Classic	F	35-44	305	Karen	Lushine	35	Duluth	MN	0:45:40

The Duluth XC Ski Club would like to thank the volunteers that made this event happen, the sponsors that donated the prizes and supplies to support of the event, and the participants for showing up, giving it their all, and having a good time! Thank you to everyone involved for making this event a success. The Duluth XC Ski Club is looking forward to hosting similar racing events next season. Until then enjoy the snow and keep skiing!

Volunteer

Abigail May and family
 Brian Bich
 Dee Bartlam
 Dennis Suave
 Doug Olsen
 Eric Viken
 Jeanne Tonkin
 Julie Viken
 Kevin Viken
 Kim Olsen
 Lynn Fryberger
 Mark Scofield
 Mike Weispfenning
 Patti Harvieux
 Sisto Santodnato
 Tom Maloney

Volunteer Activity

Feed station on 13K loop.
 Sponsors
 Sponsors
 Course grooming.
 Organized wax clinic, warming hut preparation, course marking, and course sweeping
 Race director
 Timing
 Warming hut food and fire
 Warming hut food and fire
 Registration and timing
 Registration
 Warming hut food and fire
 Warming hut preparation, course grooming and marking, and food.
 Warming hut food and fire, and kid's race
 Course direction for racers.
 Sponsors, awards, prizes, and awards ceremony

Sponsors

Clif Bars
 Continental Ski
 GearWest
 Play It Again Sports
 Ski Hut
 Super One Foods
 Velo Duluth

Prize Donations

2 cases of Clif bar samples
 Fanny pack and ear warmers
 Donated 24 water bottles each with a Power Bars and Gu packet
 \$30 gift certificate
 Donated backpack, 2 headlamps, a multitude of waxes, waterbottles, ski straps and other prizes
 Fruit
 Bibs and timing equipment



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